

The River's Gifts

Some days the river is a mirror.
Its dreams are white clouds
above and below me,
till it wakes itself with
the slap of a beaver tail.

Some days the river is a painter, each wave a brushstroke of blue, creamy white or a hundred shifting shades I have no name for.

Yesterday I tossed a stick, imagined a dog downstream find it, splash back to give the treasure to a boy who looked like me.

Every day the river teaches me to look for dancing light, to see that all things change and trust in beauty yet to come.

Donald B. Campbell, 62, Saskatoon, SK

I take long walks beside the South Saskatchewan River every day and never fail to find beauty that makes me smile. Those walks helped me emerge from a depression in 2021.