Canadian Mental Health Association
Saskatchewan
Mental health for all

2021 ANNUAL GENERAL MEETING

Date: Saturday, July 17, 2021
Time: 1:00 p.m.

Join Zoom Meeting

Annual General Meeting 1:00 – 2:00 p.m.

https://us02web.zoom.us/j/84958042092?pwd=Q2NjTlVUTkd2SkpibTlzRlNJTWZUUT09

Meeting ID: 849 5804 2092

Passcode: 165972

I. **Call to order and opening remarks**

II. **Approval of Agenda**

III. **Approval of minutes from July 25, 2020 meeting (attached)**

IV. **President's Report (see Annual Report)**

V. **Executive Director's Report (see Annual Report)**

VI. **Approval of 2020-2021 Financial Statements (see Annual Report)**

VII. **Committee, Program and Branch Reports (see Annual Report)**

VIII. **Report of the Nominating Committee and Election of Directors (see Nomination Slate attached)**

IX. **Other Business**

X. **Adjournment**

CMHA (Saskatchewan Division) Inc.
ANNUAL GENERAL MEETING
Minutes – July25th, 2020

Present: **Phyllis O'Connor, Susan Grohn, Kimberly Bitz, Bryan Leier, Grant Rathwell, Jasmine Beriault, Marcie Nugent, Nicole Hebert, Erskine Sandiford, Bill Pringle, Michael Halyk, James Schwindt, David Jones, Andrew Love, Faith Bodnar, Tasha Collins, Jayne Whyte.**

Regrets: **Chet Hembroff, Myla Bulych, Mal Barber**

I. Call to order and opening remarks:

Susan Grohn called the meeting to order at 1:00 p.m.

II. Approval of Agenda:

MOTION: To approve the agenda as circulated.
Tasha Collins / Nicole Hebert **M/S/C**

III. Approval of Minutes from June 7, 2019 meeting:

- No errors or emissions

MOTION: To approve the minutes as circulated.
Erskine Sandiford / Kimberly Bitz **M/S/C**

IV. President's Report:

(Susan) want to acknowledge our staff and volunteers for the good work and I know we will do well moving forward.

No questions on the report.

V. Executive Director's Report and Program Reports:

(Phyllis) thanked the staff, the provincial management team, division office, and staff at branches, especially during COVID. Everyone has done a phenomenal job dealing with challenges and changes and working as a group. We will come out of this a stronger organization.
Thanks to Dave and Rebecca for the wellness response line, getting it set up and operating.

(Rebecca) thank everyone for their effort and involvement in the emergency wellness response lines. We reached out to a lot of people who did not know that we were out

there.

(Phyllis) the H.O.P.E. Learning Centre staff have done an amazing job of adjusting to the COVID realities. Danielle and Donna prepared online offerings through the recovery online college.

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(David Jones Justice Community Support Program) we are having a hard time due to the circumstances that we are in, and we are unable to meet face to face with people that are being referred to us.
We have adapted to do contact through social media, letters correspondence. Because we are not approaching clients as probation or prosecutions or RCMP or Police we have had a tremendous response, a lot of return calls. It has been a challenging time but a creative time as well.
Andrew Love is the New Director of the JCSP program. He comes with a lot of connections with community based organizations and a lot of experience working with individuals that make up our client profile.

(Andrew Love) look forward to the great work that Dave has done with the program it will be a very interesting time to start. Excited and up to the challenge of making this work through the pandemic and continuing work, getting creative and finding new ways to engage people in this era. Looking forward to work on the report for next year.

(Phyllis) OSI Can Program we are now in Alberta, Manitoba new group starting shortly in British Columbia. Have had inquiries from the Yukon and Nova Scotia.

(Faith) spoke about the support received from Division specially the last few months with the management meetings have been supportive and useful. We value being part of Division and the network of CMHA, thank you.

(Tasha) having those conversations in the management meetings have been very helpful, CMHA Provincially has been doing some wonderful work in terms of being flexible. Collectively we are all doing a great job and working through this pandemic. Also, thank you to the Saskatchewan Division Board, for the support of building improvement. Building looks wonderful and members are excited about it.

(Phyllis) Resource Development -- we will see how it goes this year, last year was successful -- we were up 3% over from previous year from cash calendar.
By mid fall we should have an idea where sales are going to go.

MOTION: To approve the President's Report, Executive Director's Report and Program Reports as circulated.
Faith Bodnar / Jayne Whyte **M/S/C**

VI. Approval of 2018-2019 Financial Statements

Bryan Leier, Treasurer, spoke to the audited financial statements.

- Prepared by Dudley & Company LLP
- Pg. 4 revenue was up from 2019.
- Expenses at the bottom you will see 34,775 in surplus, compare to prior year with a loss of 27,490

- All 3 funds have healthy balances, they are all safe in GIC's, easy to use if we need to.

MOTION: To approve the financial statements as circulated.
Bryan Leier / Erskine Sandiford **M/S/C**

VII. **Report of the Nominating Committee and Election of Directors:**
Phyllis O'Connor presented the slate of candidates as follows:

- President – Susan Grohn
- Treasurer – Bryan Leier
- Members at Large - Mal Barber was appointed as intern fill, needs ratification to stay on, Myla Bulych, Grant Rathwell, James Schwindt (New Member) practicum student here with us and now he is a counsellor with Sask Health Authority.
- Regional Delegates Micheal Halyk, Nicole Hebert (New Member) from the Moose Jaw branch health region, works in child autism services as a clinical social worker, previously was in the ministry of social services in Moose Jaw, practicum was with CMHA and became a board member and also in the Journey to Hope team.

MOTION: To ratify the slate of candidates as presented
Bill Pringle / Jasmine Beriault **M/S/C**

IX. **Other Business**

Jayne Whyte -- thank you to all the branches that welcome her and spend a week last summer/fall.

(Erskine) Kudos to the president for a successful year and coming year.

X. **Adjournment**

MOTION: To adjourn at 1:25 p.m.
Bill Pringle

P. O'Connor September 10, 2020
Approved for circulation

PO Executive Director Initials

Canadian Mental
Health Association
Saskatchewan
Mental health for all

2021 Provincial Board Election Nominations

PRESIDENT

GRANT RATHWELL

Grant Rathwell is a Clinical Oncology Social Worker with the Allan Blair Cancer Centre in Regina. Previously, he was the Senior Clinical Social Worker with the Moose Jaw Mental Health and Addiction Centre, Five Hills Health Region. He has an extensive background in professional practice in human services and in mental health administration. He has worked as Program Consultant with Community Care Branch, Saskatchewan Health. He has also worked as Director of the Edmonton Catholic Family and Child Service, Director of the Port Alberni, B.C. Mental Health Centre, Executive Director of Mental Health for Southwest Saskatchewan and Director of Mental Health and Addictions – Northern Health Services Branch (Sask.).

Grant has an undergraduate degree in Psychology and French, a Master's degree in Clinical Social Work and a Diploma in Health Services Management.

TREASURER

BRYAN LEIER

Bryan Leier grew up on a mixed faming operation around the Sedley/Francis area. He was a small business operator for 25 years and currently works as a Manager at the Bennett Dunlop Ford Collision Centre.

Bryan has served on the Sedley Village Council since 1988 – serving as a Councillor for 20 years and Mayor for 11 years. He has served on many community boards in Sedley and remains active as a volunteer for the Fire Department and chairs the Parks and Recreation Committee for the Village of Sedley. Bryan has also served on many provincial bodies including Chair of the Conexus Arts Centre (11 years), Director and Finance Committee Chair of the Regina Qu'Appelle Health Region (10 years), and Board Chair for the Health Insurance Reciprocal of Canada (14 years) to name just a few. He currently sits as a Director and past Vice-Chair of the Apprentice and Trade Certification Commission and is also an industry representative on the Sask. Auto Dealers Association. Bryan is also a Director on the Saskatchewan Collission Repair Association (SAAR). He has been a member of the Canadian Mental Health Association (Saskatchewan Division) Board for several years, serving as the Finance Committee Chair.

With extensive board experience, Bryan has spent a considerable amount of time working with organizations to establish solid planning, governance, and short and long term strategic planning, along with solid financial determinants.

He enjoys community affairs, politics, cars and Arizona. Bryan is married to Rose and they have three children and three grandchildren.

MEMBERS AT LARGE

CHET HEMBROFF

Chet Hembroff was born and raised in Regina, Saskatchewan. He is currently completing a Ph.D. in Experimental and Applied Psychology at the University of Regina. Chet's research focuses on the decision-making processes of law enforcement officers and evaluating evidence-based practices within law enforcement training.

Chet has been working as a Research Analyst in the Research and Strategic Partnerships Unit at the RCMP since 2012. Mental health has increasingly become a concern for law enforcement officers, both for managing interactions with civilians and for maintaining personal well-being. Chet hopes his Ph.D. work and continued research in his role with the RCMP will help develop a better understanding of mental health for police and for those they interact with.

Chet joined the CMHA Saskatchewan Division Provincial Board in 2013, has served as the Vice-President in 2014, President in 2016, and is also a member of the CMHA Justice Community Support Program admission and discharge committee.

JASMINE BERIAULT

Jasmine is currently a Human Resources Manager with Sask Central. She has over twelve years of professional experience having worked for both the federal and provincial governments, as well as the not-for-profit sector.

Jasmine is Cree and a member of Cowessess First Nation in Saskatchewan.

She is a strong proponent for lifelong learning and is currently working towards her Master's in Human Resources Management. Mental health is a subject of interest for her on both a personal and professional level; and she is committed to engaging pathways within the community and workplace that support individual wellbeing.

MARCIE NUGENT

Marcie Nugent is a registered Social Worker certified in psychosocial rehabilitation and Reality Therapy. She completed her BA in psychology and a BSW at the University of Regina in 2005 and her MSW at the University of Regina in 2010.

Marcie's clinical work has focused on adults that are working on mental health and well-being concerns. After completing her undergraduate studies, she worked at Phoenix Residential Society as a Psychosocial Rehabilitation Practitioner in both the Westview concurrent disorders program and the Phoenix Assisted Living (PALS) program assisting individuals with addictions and persistent mental health problems in various stages of their recovery journey.

Since 2011, Marcie has worked as the Operations Director of Online Therapy Unit for Service Education and Research at the University of Regina. The Online Therapy Unit develops and evaluates online services for anxiety, depression, chronic pain and chronic health conditions (onlinetherapyuser.ca).

Marcie has always been interested in increasing the range of services available for people in recovery. Her graduate research focused on the training of peer specialists, people with lived experience, to use their expertise to assist those working on their recovery within mainstream mental health services. Presently, Marcie is exploring Social and Therapeutic Horticulture and the idea of Green Care to increase health outcomes for individuals.

In her personal time, Marcie enjoys spending time outdoors with her loving husband and two beautiful daughters.

REGIONAL DELEGATES

BILL PRINGLE

Bill is currently an elected member of the Saskatoon board, having served for more than 18 years in a variety of roles including President, as well as on the Saskatchewan Division Board as second Vice President. Bill was appointed Saskatchewan Representative for the National Council of People with Lived Experience.

Bill has also served as a Board Member of the Storybook Theatre Company, the Stephen Avenue Mall in Calgary and the Persephone Theatre in Saskatoon. He also served as a founder of the Calgary Santa Clause Parade.

Not only does Bill contribute to the development and planning of special events, public and media relations, advertising and promotions, he is an astute and valued contributor in areas including intergovernmental relations, union relations, strategic planning and organizational development. He is a hard-working volunteer who ensures he is up to date on issues and developments impacting us whether that is locally, provincially or nationally. Bill is an important source of knowledge and connections for us across the movement, putting the vision and goals of CMHA first in much of what he does.

Bill is committed to breaking down the barriers and stigmas related to mental health by advancing public education and awareness, especially for people with lived experience. Whether benefitting from CMHA services or promoting the vision and mission of CMHA, Bill advocates normalcy for those with lived experience.

Bill is a strong advocate for human rights, inclusion and access to supports for people with lived experience, always demonstrating empathy and respect. As a Board member and now consultant, Bill is diligent in ensuring accountability as well as the strategic growth of CMHA Saskatoon Branch. He was part of the Board Team providing executive leadership when we needed it. He is

a trusted and loyal member and has a vast knowledge of our Branch and the people and organizations that have been and are involved with us.

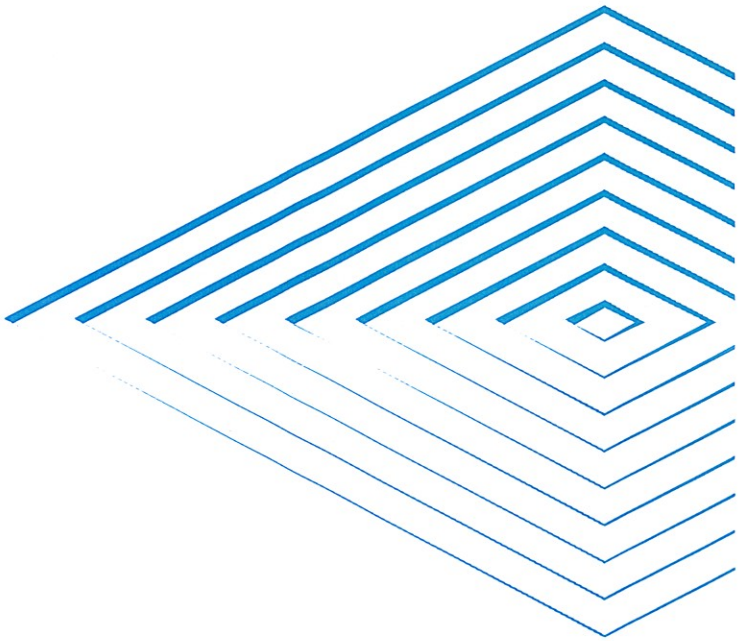
Bill delivers workshops and presentations at conferences. He is a mentor and leader for his peers as well as all those he works with. Bill empowers those around him to share their voice and experiences, knowing that those with lived experiences must be at the center of all we do.

Bill is passionate about the mental health movement from local to provincial to national, its history and vision and ensures a strong connection for CMHA Saskatoon Branch. Bill believes in and promotes the power of many in advancing mental health for all. Bill Pringle brings his professional knowledge and experience to all the roles he has played for CMHA. He continues to promote the awareness and value of attention to mental health needs in our local, provincial and national CMHA communities. Bill has been a most valued and instrumental member of the CMHA family.

ERSKINE SANDIFORD

Erskine Sandiford has served in the field of Human Relations for over fifty years. He started Psychiatric Nurse's training in 1957 and completed the course in 1960, registering with the Saskatchewan Psychiatric Nurses' Association. He immediately took office in the S.P.N.A. and later served as President of the branch in North Battleford and Weyburn. To hone his skills, he completed the Diploma in Advanced Psychiatric Nursing in 1971. In 1973 he accepted a position with Wascana Institute as a Psychiatric Nursing Instructor until his retirement in 1987.

Erskine not only served professionally, but has spent countless hours as a volunteer for several organizations such as the Multiple Sclerosis Society, the Kidney Foundation, the Salvation Army, the Heart and Stroke Foundation and the Canadian Mental Health Association. Erskine has served as President of CMHA at both the Branch and Provincial levels.

At the CMHA National Conference in Prince Edward Island in 2001, Erskine was presented with the National Distinguished Service Award in recognition of his achievements to advance the work of the Canadian Mental Health Association in Saskatchewan.

Erskine is an excellent listener, thinks ideas through in a proactive way and has a way of making things happen at both the Branch and Provincial level. This is why clients will go to Erskine with their concerns. He is easy to work with and is available whenever needed. He has a wealth of knowledge about mental health and mental illness. He is a community-minded person, who advocates for persons oppressed in one way or another. Erskine is always willing to give of his time and talent to help.