# Gambling Awareness Program

**GAP Youth Presentation**
**Saskatchewan Curriculum Alignments**
**Grades 6, 7 & 8**
For more information please visit us at | **www.SaskGAP.ca**

## Grade 6

### USC 6.1 - Health
• Reasons why we gamble, media influence, local community, family and personal values

### USC 6.4 - Health
• Gambling effects, warning signs and risks, healthy decision making

### USC 6.6 - Health
• Rules for gambling, safety nets, alternatives, and risks for adolescents

### USC 6.7 - Health
• Mass media influence, youth targeted, societal values *(local, family, personal)*

## Grade 7

### USC 7.1 - Health
• Committing to, and acting upon personal standards, 'resiliency' and its impact on personal standards

### USC 7.6 - Health
• Responding to peer pressure

### USC 7.7 - Health
• Investigate, understand discrepancies in morals (*beliefs, ethics*) that effect commitment to well-being

### DM 7.8 - Health
• Examine and demonstrate personal commitment in making healthy decisions

## Grade 8

### USC 8.2 - Health
• Reasons why we gamble, mass media influence, personal, family, and community values and standards

### USC 8.4 - Health
• Risk factors related to problem gambling; co-morbidity with other addictions, mental health, and violence

### SP 8.2 - Math Statistics & Probability
• Concrete examples and understanding of actual community, family, and individual issues
• Relating odds and probability to real life examples

### RW 8.1 - Social Science
• Understand private economic freedom regarding gambling venues, and government regulation of markets
• Economic growth vs. social impact of gambling

Canadian Mental Health Association Saskatchewan
*Mental health for all*

*years of community*

Northern Saskatchewan Coordinator | **NorthernGAP@cmhask.com**
Central Saskatchewan Coordinator | **CentralGAP@cmhask.com**
Southern Saskatchewan Coordinator | **SouthernGAP@cmhask.com**

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## Grades 9, 10, 11 & 12
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## Grade 9

### USC 9.2 - Health
• Analyze how the well-being of self, family, and community is enhanced by a comprehensive, community approach to safety

### USC 9.3 - Health
• Interpret, critique, and question the stigma associated with addiction

### USC 9.6 - Health
• Analyze the health, economic, social supports, & challenges of addictions *(gambling and internet)*, on self, community

### USC 9.8 - Health
• Facilitating healthy living

### DM 9.10 - Health
• Assess role of health promotion in making healthy decisions

### DM 9.11 - Health
• Establish personal health promotion goal statements

## Wellness 10

### W1 BGL
• Evaluate one's understanding of wellness while participating in various learning opportunities that balance the dimensions of wellness *(i.e., psychological, social, spiritual)*

### W4 CFKL
• Assess the impact of mental health on overall well-being of self, family, and community

### W5 HM
• Assess one's self-awareness and self-management for the purpose of enhancing well-being of self and others

### W6 ADG
• Model and promote a local culture/norm of safety and injury prevention *(i.e., social/psychological safety)* to optimize well-being of self, family, community, and the environment

### W8 K
• Assess how relationships influence all dimensions of wellness

### W9 ABF
• Assess challenges related to community well-being and take action to address these challenges

### W12 BGI
• Investigate the connection to and importance of spirituality on wellness

## Psychology 20

### 3.4.6 Mass Media
• What influence does the internet have on social relations and behaviour?
• What influence does the media have on society and our culture?
• What influence does the media have on our thoughts, feelings, and behaviours?

### 4.1 & 4.2 Social Situations
• How do families influence us?
• How do groups influence us?
• What is the influence of culture on families?

### 4.5.12 Stress, Coping Skills, and Resiliency
• What is stress?
• What is resiliency?
• What can we do to minimize the effects of stress?

### 4.6.6 Addiction
• How do we define addiction?
• Problem gambling vs. substance abuse
• Why do people become addicted?

## Psychology 30

### 6.4 Adolescent Development
• What is the process of cognitive development during adolescence?
• What is meant by "adolescent egocentrism", and what role does it play in cognitive and social development?

### 6.5.5 Self-Schemas and Identity
• What influence does the family have on identity?
• What are the sociocultural influences on identity development?

### 6.5.7 Mass Media
• What influence does the internet have on social relations and behaviour?
• What influence does the media have on society and culture?

### 7.2.1 Lifestyle Choices
• How do we define substance abuse and addiction?
• Why do people become addicted?

### 7.2.2 Stress and Resiliency
• What is stress?
• What is resiliency?
• What are some successful ways of dealing with stress?