## 2017 PROVINCIAL CONFERENCE AND ANNUAL GENERAL MEETING

Friday, June 2, 2017

Heritage Inn, Moose Jaw

## 8:00 a.m. CMHA (Saskatchewan Division) Inc. Annual General Meeting

9:00 – 4:00 Conference: Moving Forward: Leaving Trauma Behind – A Mental Health Workshop

Come learn the basics of trauma and strategies for working with individuals with trauma and trauma related issues presented by Stephane Grenier as the featured presenter. Join in the discussion to gain a better understanding of children, youth and adults with trauma and their needs and appropriate non-medical strategies for working with them.

Session 1: Basics of trauma in children/adults/understanding intergenerational trauma – Everything you need to know about persons experiencing intergenerational trauma and their needs across the youth spectrum.

Session 2: How to help with healing

- Highlight and create a better understanding of trauma, its effects and strategies to help foster healing
- Create a network of professionals
- Facilitate and enhance interdisciplinary collaboration
- Share current thinking

Registration cost: \$150.00

Late Registration cost (after May 2): \$200.00

Payment to be made to Moose Jaw Chamber of Commerce.

Email registration to mjprofessionaldevelopment@sasktel.net

Or mail to: Mental Health Workshop

c/o Carolyn Swanson, Registration

54 Elisia Drive

Moose Jaw, SK S6J 1G9